



Message from the Council of 13 Indigenous Grandmothers:

"As you move through these changing times... be easy on yourself and be easy on one another. You are at the beginning of something new. You are learning a new way of being. You will find that you are working less in the yang modes that you are used to.

You will stop working so hard at getting from point A to point B the way you have in the past, but instead, will spend more time experiencing yourself in the whole, and your place in it.

Instead of traveling to a goal out there, you will voyage deeper into yourself. Your mother's grandmother knew how to do this. Your ancestors from long ago knew how to do this. They knew the power of the feminine principle... and because you carry their DNA in your body, this wisdom and this way of being is within you.

Call on it. Call it up. Invite your ancestors in. As the yang based habits and the decaying institutions on our planet begin to crumble, look up. A breeze is stirring. Feel the sun on your wings."